

KICKSTART YOUR HEALTH

Free Nutrition Talk & Cooking Demo

Join Dr. Ben Moshrefi from Canyon Crest Chiropractic and May Wang, Food for Life EAP instructor will talk about the key secrets of nutrition for a healthy, vitalized life. Included is a mini cooking demonstration and more an opportunity to hear about on-going health programs available at Goodwin's Organics.

Learn, See, & Taste Your Way to a Better Quality of Life!

DATE :

Monday August 6th, 7-8:30 pm

Location :

Goodwins Organics
191 W Big Springs Rd,
Riverside Ca, 92507

TO REGISTER :

Call (909) 215-8932 or email
may.wang@goodwinsorganics.com



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